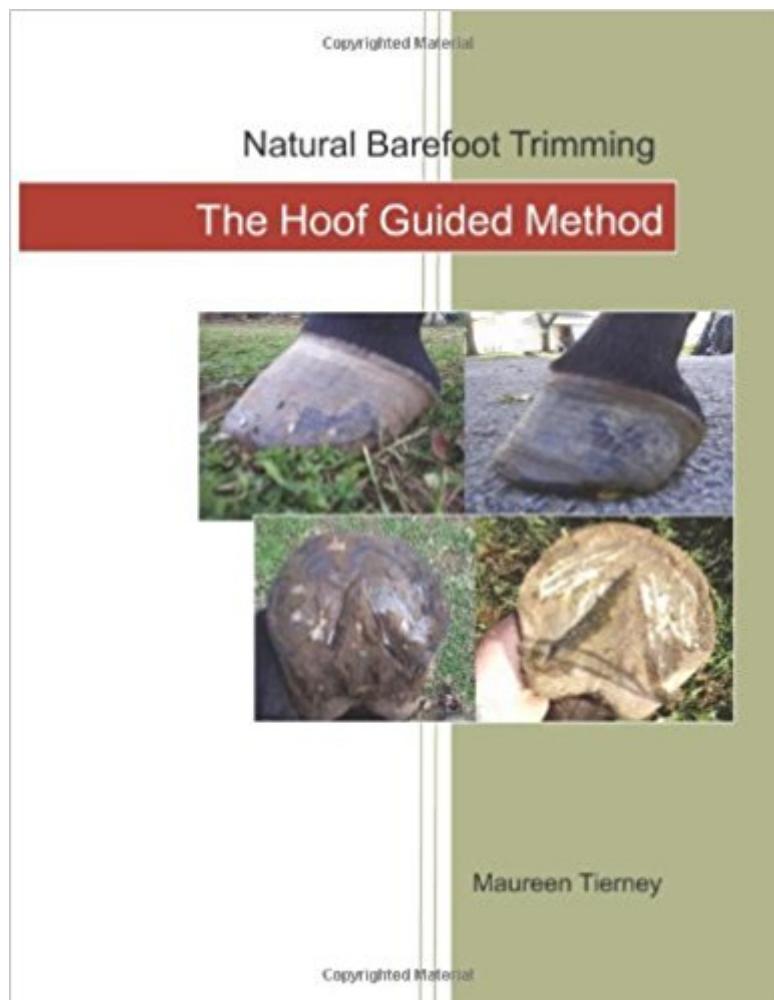


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# Natural Barefoot Trimming; The Hoof Guided Method



## **Synopsis**

Natural Barefoot Trimming; The Hoof Guided Method offers a unique method of barefoot trimming based on reading the hoof. Learn what to trim and what to leave alone in order to allow nature to quickly transform the hoof. The Hoof Guided Method is truly a less is more method based on the theory that a barefoot trim should mimic " or simulate - the action of the ground on the hoof, and that the true purpose of the trim is to stimulate the foot to grow healthy. Simulate and stimulate. Learn to stop micro-managing the hoof and work with nature instead of trying to force man's ideals onto the hoof. The hoof responds to everything it experiences, and that includes trimming. By trimming only what is indicated, then waiting for the hoof to respond, the foot is allowed to transform itself. And it will. The definition of insanity is repeating the same thing over and over and expecting different results. The Hoof Guided Method shows you how to read the hoof and get real results in a short amount of time.

## **Book Information**

Paperback: 62 pages

Publisher: CreateSpace Independent Publishing Platform (September 2, 2012)

Language: English

ISBN-10: 1478183764

ISBN-13: 978-1478183761

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 7.7 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (79 customer reviews)

Best Sellers Rank: #426,120 in Books (See Top 100 in Books) #590 inÂ Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses

## **Customer Reviews**

I would encourage every horse owner and lover to read this gem of a book. Maureen Tierney is an experienced horse woman, trainer and natural barefoot trimmer of 11 years. She has worked on both coasts and even Alaska. She and her herd of 10 now call Kentucky home. She has trimmed literally thousands of feet and saved many horses who were to be put down due to founder, navicular, and other hoof issues. Thanks to her curiosity and desire to do the best for horses, Maureen has created a trimming method that results in sound and healthy hooves, quickly. After reading The Hoof Guided Method, you will understand more than most vets and farriers and probably quite a few trimmers. Isn't that a sad comment? But it's the truth. If you have tried barefoot

and your horse "failed" try again, with her method and you will succeed. If you are transitioning out of shoes now but your horse isn't sound, read the book and order a rasp. If you have any concerns about how your horse's hooves are being managed, give her a call or e-mail. Her e-mail contains this telling phrase, For The Horse. That is Maureen in a nutshell. Maureen encourages us to study our horse's feet, take photos and think about the changes we see. She teaches us how to understand what the foot is telling us to trim, and equally important what it is telling us to leave alone. She identifies the anatomical parts we see and the parts we don't. Then in a clear manner, explains how the anatomy functions in a healthy foot. People like to DO. This frequently results in the excessive trimming and even wounding of the horse. Trimming should never, ever result in a sorrier horse. Please don't accept that. Maureen won't teach you how to trim pretty feet, but over time, you sure will grow four of them! And quickly too.

I tried this method last October when I was looking for something that could help me get past what I considered "stuckness" in my trims. The horses I were trimming were sound, but not sound on anything more than grass and non-rocky trails. Two of my horses had chronic thrush. I was always trying to stop the growth of long toes and heels on them, to the effort of trimming them every two weeks. I bought the book in mid-October and trimmed the thrushy horses first. I went out two weeks later and their frogs had opened up so drastically, the thrush (and what I call a butt crack in the frog) had opened wide. With minimal trimming (I trim every 4-5 weeks now), the horses' feet are so much healthier, that I never have to treat thrush. The toes are coming back and the heels on the horses have lowered on their own. Bars have virtually just disappeared, crumbled off. The progress is amazing, since for years I haven't seen any improvement with what I was doing. The best part is that I have documented the trim on at least four horses so I have visual proof for myself to know changes are happening, it's not my imagination!!!!!! I would suggest that you try it on one horse you trim (or have trimmed by someone else) that is going nowhere. Not getting worse, but not getting better.. or maybe even getting worse. In just a one trim you will see a difference (esp if you photo the transition). I have been trimming more horses (I do ten) and in each case I see horse feet that improve every trim. You have nothing to lose but the cost of the book. Two formerly lame horses are now walking soundly. It's only been three months, and they aren't sound on everything, but before they were lame for years. The owners see them improving every trim.

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